

MAKE FRIENDS
MAKE MEMORIES
MAKE YOUR **MARK**

**KEEN
2GO!**

KEEN2GO KINGSTON 2026

AWESOME ACTIVITIES FOR PEOPLE WITH
AUTISM AND/OR LEARNING DISABILITIES



LISAM@KEEN2GO.ORG 

0747 0910 313 

KEEN2GO.ORG 

@KEEN2GOLD 

CONTENTS

- 3 Welcome
- 4 Who We Are
- 5 Mission and Values
- 6 What Our Families Say
- 7 Keen2Go Kingston
- 8 Our Schedule
- 9 Referral Roadmap

WELCOME

Welcome to our very first Keen2Go Kingston prospectus. We are thrilled to have begun exporting the Keen2Go brand of fun, inclusive and person-centred group activities to the borough having seen such wonderful achievements over the past seven years in Sutton.

Our Kingston service has seen a real build-up of momentum over the past couple of months and the fact that we're now developing such a comprehensive schedule is testament to the brilliant ideas, ambitions and interests of our pioneering members. We look forward to gradually introducing new members so that more people are able to benefit from our services, whilst ensuring that the quality of sessions is never compromised.

Lisa, our Kingston Project Manager, has done a phenomenal job in laying the foundations of the service. We can't wait for you to join us to help shape the future structures of the project and to add your own flourishes to the decor.

We hope this prospectus will help you gain a greater understanding of who we are, our vision for what good person-centred services should look like and some of the opportunities that may be of interest to you. Ultimately, we hope you can see yourself growing with Keen2Go and welcome you to get in contact to take your first step on the journey.

Together we grow.

Robbie Keen
Director



WHO WE ARE

Keen2Go is a respite service delivering a diverse programme of events and activities for people with autism and/or learning disabilities in Sutton, Richmond upon Thames and now Kingston.

Specialising in building key social interaction skills and supporting people to form meaningful relationships, we provide an inclusive environment for members to make friends, make memories and make their mark.

We root everything we do in the values of person-centred care and the empowerment of individuals to exercise choice and control over their own lives. We support our members to turn their goals and ambitions into reality and instil a culture within our experienced staff team in which our members goals become our goals too.

We work with those we support to develop a member-led schedule that reflects their goals, interests and ambitions. As a result, we have a wide ranging catalogue of themed groups that we are keen to ensure offers a suitable place to all.

As of July 2026, we are proud to support over 200 members across our term-time and holiday programmes and prouder still to remain committed to our founding vision and values throughout this growth.

We receive exceptional feedback from members and parents/carers and are proud of our achievements in effecting positive outcomes for individuals and their families. It can be a confusing and often difficult path and we will be here through every step of the journey.

After seven incredible years of building this community, we look ahead to leading the line on a diverse and inclusive social offering for people with autism and/or learning disabilities.

WE ARE:

INCLUSIVE
PERSON-CENTRED
MEMBER-LED
EXPERIENCED
DIVERSE





MISSION

To empower people with autism and/or learning disabilities to exercise choice and control over their own lives.

GOALS



To create an inclusive community that members are proud to call their own.

To create a broad programme of activities and events that offers something for everyone through age appropriate experiences.

To give people with learning disabilities the platform to express themselves and share their voice.

To develop social interaction and life skills to benefit independence and general wellbeing.

To provide respite for families and to support their needs.



VISION

To lead on a world where people with autism and/or learning disabilities' goals, aspirations and personal choices are at the forefront of social care provision.

VALUES



We believe that people with autism and/or learning disabilities deserve a healthy, varied social life.

We respect individuality and work in partnership with those we support.

Everything we do is guided by the goals and aspirations of our members.

We push boundaries and change perceptions.

WHAT OUR FAMILIES SAY

"Thank you for providing such a great range of activities & to all the K2G staff for looking after my child with such kindness and care."

"Robbie's team are absolutely amazing, they have provided care, and accommodated all aspects of our family's needs in a polite and professional manner, all of them have shown diligence and thoughtfulness, moreover they understand that it's the carers that also need looking after not just the young adults that they have in their care, the Keen2go service is that of excellence, I definitely would have struggled to look after my daughter the last couple of months without all of their help, kindness and support."

"Robbie, you and your team are amazing and the service you offer is fantastic. Always so enthusiastic to see our young people and make them feel valued and safe."

"Thanks for being such important people in our special kids' lives and helping them grow into confident, happy teenagers."

"Thank you to all of you at Keen2Go for your amazing dedication and support of our young people. Each and every one of you are amazing and appreciated hugely."

"We are so grateful for your service and appreciate everything you do. Thank you!"

"We love what you have achieved and the community you have established and (my son's) life would be so much less colourful if he were not part of the K2Go family."

"The support you've shown us on what was a tough summer has been incredible. The respite we desperately need kept us afloat."

"My son gets more independence and so do I - it's invaluable for both of us."

"I feel there is a great variety and something for everyone."





KEEN2GO KINGSTON

We were thrilled to take the opportunity to add a Kingston service to those we offer in Sutton and Richmond and couldn't wait to bring all the fun, laughter and personal achievements that we are known for to our new service.

Our Kingston service has developed gradually as we've got to know the area and our new members better and we are looking forward to working with families to take it to the next level.

So far, we've enjoyed river walks, explored the gardens of Ham House, hit the lanes for bowling and more, as well as staying in for games, themed parties and baking.

Where will you take us next?

WHO WE SUPPORT

- ✓ We support members with a wide variety of needs
- ✓ Support currently delivered on 1:1 and 2:1 ratios
- ✓ Currently supporting ages 18+
- ✓ Experienced in supporting people with complex needs and managing behaviour that may challenge

OUR KINGSTON TEAM



Keen2Go's Kingston service is managed by Lisa Mangwende. Lisa has been with Keen2Go for several years, growing to Session Lead before taking on the role of Kingston Project Manager. Contact her for any service enquiries and support with onboarding: lisam@keen2go.org

Experienced team of Support Workers

We are proud to work with an incredible team of support workers, each bringing their own unique life experiences and skillsets to the community.

We have support workers join us from educational settings, care providers, charities and sports coaching roles, and we are keen to assist in their professional development.



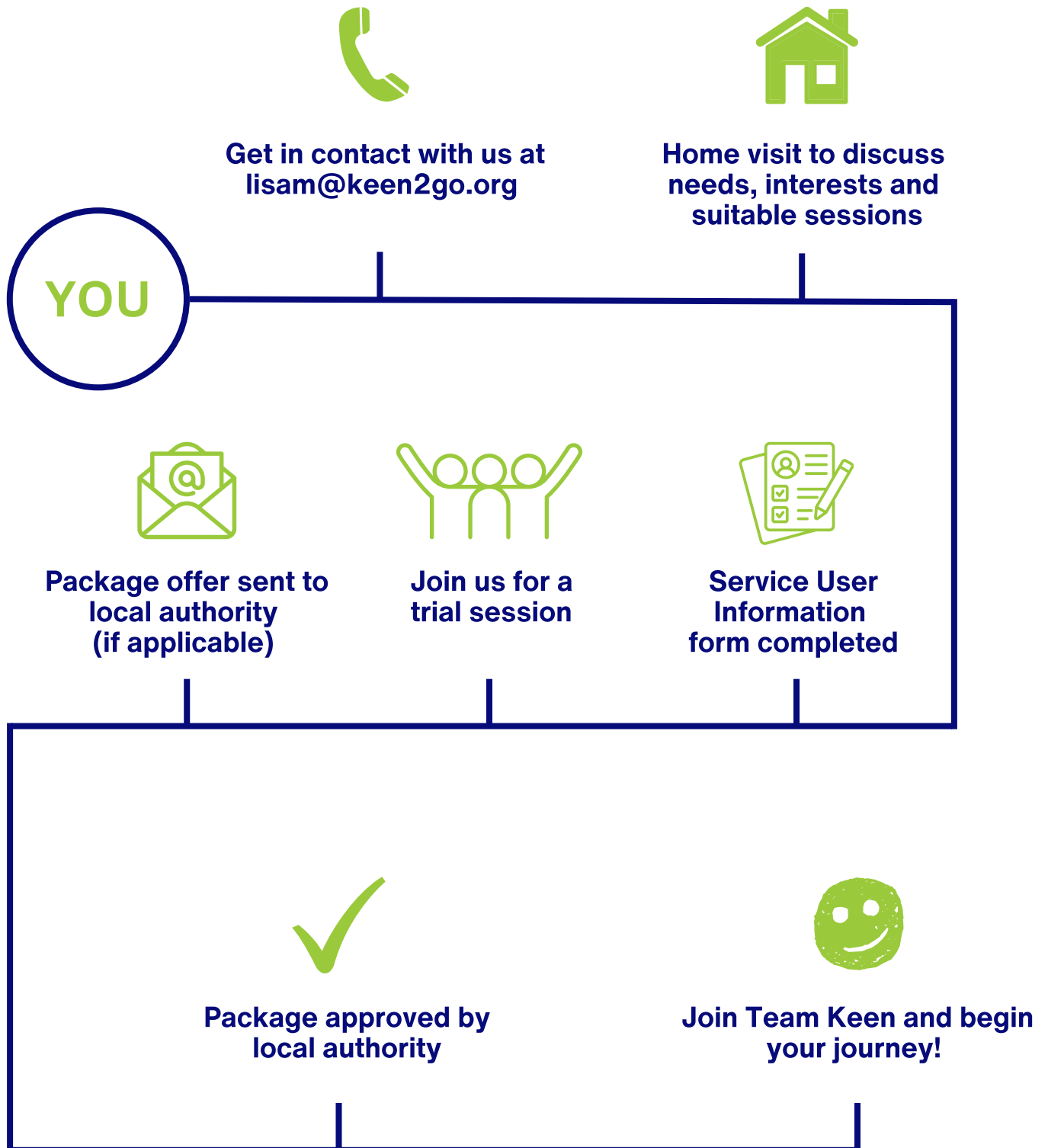
SCHEDULE

September 2026 -

Location: Central Kingston

Monday Active Crew 09:00-15:00	Kickstart the week with movement and energy! Active Crew is all about staying healthy, having fun, and learning to look after yourself. Through games, sports, and wellbeing activities, participants build confidence, coordination, and positive habits for a balanced lifestyle.
Tuesday Adventure Seekers 09:00-15:00	Adventure awaits! Adventure Seekers is designed for exploring the community safely while developing social and independence skills. From group outings to exciting challenges, participants get hands-on experience navigating new places, problem-solving, and enjoying new experiences with friends.
Wednesday Achievers 09:00-15:00	Set goals, reach targets, and celebrate progress! Achievers focuses on personal development and skill growth through structured activities, challenges, and small projects. Members learn to plan, stay motivated, and recognise their successes — building confidence every step of the way.
Thursday Creators' Club 09:00-15:00	Unleash creativity and try something new! Creator's Club gives participants the chance to experiment with arts, crafts, design, and hands-on projects. Activities encourage self-expression, problem-solving, and collaboration in a fun, supportive environment.
Friday Level-Up 09:00-15:00	End the week by developing skills for independence and life success! Level-Up focuses on building practical abilities, confidence, and resilience. Participants practice everyday skills, try new challenges, and reflect on their achievements to prepare for the future.

REFERRAL ROADMAP



Please contact us for further information

